



Essential

skincare, naturally made in zambia

Born out of a love for Africa, Essential Skincare offers a range of products infused with the spirit of the continent. Through harnessing a powerhouse of plant-based oils and extracts from African species that have adapted to cope with the harshest conditions on the planet, a unique product range was born.

We tread carefully on this planet, it's resources and the people dependent on it. We favour fair trade practices and use ingredients that are sustainably harvested and cruelty-free.



Discover your most beautiful skin with our luxurious Zambian skincare range, inspired entirely by nature and enhance your gorgeousness the natural way.

Plants are our heroes. Africa's incredible and wild plant diversity is the reason Essential Skincare exists. In gratitude of this and to ensure we use our planet's resources wisely, Essential Skincare is proud to be an accredited partner of PhytoTrade Africa. This non-profit trade association successfully alleviates poverty while protecting biodiversity in many countries across Southern Africa.

In support of all our special furry friends, Essential Skincare is accredited by Beauty Without Cruelty. We passionately believe that animals should not have to suffer for you to be beautiful and as such guarantee that all our products are free from any animal harming material. Essential Skincare does not test any products on animals and will not source ingredients from suppliers who do. Being kind to ourselves, animals and the environment will always be at the heart of all we do.

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Choose beautiful the natural way,
don't compromise, your body and our planet will thank you.

NATURALLY
MADE IN
ZAMBIA



FACE



CLEANSING CREAM 200ml

ORGANIC BAOBAB
MONGONGO
KIGELIA AFRICANA
CAPE CHAMOMILE

Say goodbye to dull looking skin forever with this luxurious Cleanser that is jam-packed with naturally occurring antioxidant goodness. Enriched with the extraordinary super fruits of Africa (Mongongo, Baobab and Kigelia) and the restoring essence of Cape Chamomile, these essential ingredients fortify, hydrate and awaken your skin, leaving it glowing all day long. Perfect for any skin type, especially dry fatigued and pigmented skin. Can be used in all climates.

99.4% total ingredients from natural origin.
89.1% total ingredients certified organic.



EXFOLIATING CLEANSER 50ml

ORGANIC ROOIBOS
MONGONGO
BAOBAB

Bid farewell to dull, dry, flaky skin and enjoy the benefits of this decadent Exfoliating Cleanser. Extracts of Rooibos, Mongongo and Baobab are combined together to

form a rich paste that will gently polish, soothe and brighten skin, leaving it feeling younger, smoother and happy. For any skin type.

99.4% total ingredients from natural origin.
68.2% total ingredients certified organic.



MAKE UP REMOVER 100ml

ORGANIC MONGONGO
KIGELIA AFRICANA

Avoid tugging and rubbing around your delicate eye area with this Make-Up Remover. This natural formula gently cleanses and conditions, while soothing the skin with a calming infusion of Kigelia and Mongongo Oil. These luscious organic ingredients work together to condition, brighten, hydrate and remove all traces of make-up without irritation. For a moisture boost, use just like a serum. For any skin type.

99.4% total ingredients from natural origin.
77.9% total ingredients certified organic.



BALANCING FACE WASH 200ml

ORGANIC ROOIBOS & HONEYBUSH

Enliven and refresh your skin with this Balancing Face Wash. Antioxidant rich Rooibos and hydrating Honeybush will ward off fine lines and wrinkles while Kalahari Melon hydrates to reveal a bright and vibrant complexion. Naturally antibacterial, hypoallergenic and mild, this Face Wash will make even the most delicate of skin sing. For any skin type.

100% total ingredients from natural origin.



SUNCARE SPF15 50ml

Stay sun savvy with this natural Sunscreen, offering a tan without sunburn or chemicals. Extracts of Mongongo, known for its natural UV protection, combine with hydrating Coconut and Rooibos to offer organic, high level, broad-spectrum UVA/UVB protection for the whole family. Choose natural

and ensure your skin stays beautifully protected, nourished and nurtured in the sun. For any skin type.

99.4% total ingredients from natural origin.
74.5% total ingredients certified organic.



BALANCING TONER 100ml

ORGANIC ROOIBOS
KIGELIA AFRICANA

Hydrate, balance, illuminate and even out skin tone with the softening properties of this Balancing Toner. This daily essential contains a powerful combination of Kigelia and Rooibos to sweep away impurities, calm your skin, even skin tone and therapeutically protect against daily environmental conditions. For all skin types.

99.4% total ingredients from natural origin.
92.2% total ingredients certified organic.

FACE



BALANCING MOISTURISER 50ml

ORGANIC BAOBAB
ALOE

Brighten and boost your skin with this Balancing Face Cream. Jam-packed with incredible ingredients including calming Aloe and Calen-

dula and the wonder fruit that is Baobab. These powerful natural ingredients protect and hydrate the skin. They also smooth out tiny wrinkles and give you a healthy, radiant, plumped up complexion. For normal to oily and sensitive skin. Indicated also for young skin.

99.4% total ingredients from natural origin.
75% total ingredients certified organic.



LIGHT REJUVENATING MOISTURISER 50ml

ORGANIC ROOIBOS
KIGELIA AFRICANA
MARULA

Recapture your skin's natural vitality and lustre with this gorgeous rejuvenating moisturiser, delivering intensive skin nourishment without smothering complexions. Bursting

with Marula Oil, Rooibos and Kigelia, these miracle ingredients will unify skin tone and repair signs of damage, whilst warding off the effects of skin ageing caused by free radicals. For normal, dry, pigmented and mature skin.

99.4% total ingredients from natural origin.
72.8% total ingredients certified organic.



RICH REJUVENATING MOISTURISER 50ml

KIGELIA AFRICANA
MARULA
ORGANIC MONGONGO

Bid farewell to dull and dry looking skin with this anti-ageing powerhouse and give your face the 'Royal Treatment' it so deserves. This Rich Moisturiser is packed with Shea Butter, Kigelia, Marula and

Mongongo oils combined to sooth, repair and restore your natural radiance. A very special treat! Perfect as a night cream or a day cream for dry and mature skin.

90.4% total ingredients from natural origin.
70.6% total ingredients certified organic.



EYE BUTTER 10ml

ORGANIC ROOIBOS
SHEA BUTTER
MARULA

Using a perfect blend of anti-ageing ingredients (Marula Oil and Rooibos), this delicious Eye

Butter wages war on fine lines and wrinkles while Shea Butter gently works to restore precious moisture. A sure way to future proof your eye area, strengthening the delicate fabric of your skin and making tired eyes sparkle again. For normal to dry skin.

99.4% total ingredients from natural origin.
72.4% total ingredients certified organic.



EYE CREAM 10ml

BAOBAB
ALOE
CAPE CHAMOMILE

Enlist the help of this Eye Cream and say no to wrinkles, puffiness and circles of darkness.

Containing a magical combination of Baobab, Aloe and Cape Chamomile extracts which together restore precious moisture and in turn, strengthen the delicate fabric of your skin. Forget the cucumber slice. Make eyes happy with this miracle eye cream, perfect for all complexions.

99.40% total ingredients from natural origin.
72.6% total ingredients certified organic.



LIFTING EYE SERUM 13ml

KIGELIA AFRICANA
ALOE

This beautiful, light Eye Serum super-charges the delicate skin around our eyes, kick-starting sluggish cells, counteracting puffiness and tightening up the eye area. Starring Aloe Vera and Kigelia, these natural ingredients provide the skin with miracle results that will leave eyes looking bright, beautiful and more youthful. For any skin type.

99.4% total ingredients from natural origin.
89.2% total ingredients certified organic.

FACE



Nurture your skin with nature and enjoy a clean consciousness at the same time.



FACE SERUM - REJUVENATING 30ml

MARULA
PALMAROSA

Show your skin how much you love it with this Rejuvenating Face Serum. Starring a powerful combination of Marula and Palmarosa Oils to replenish your skin's youthful vitality. With regular use, soothe away wrinkles and uncover a radiant, velvety, balanced and beautifully hydrated complexion. Made to magically restore skin and guaranteed to make it smile. For any skin type, especially indicated for dry and mature skin.

100% total ingredients from natural origin.
36.8% total ingredients certified organic.



NOURISHING FACE MASK 50ml

KIGELIA AFRICANA
BAOBAB
MONGONGO

This Nourishing Face Mask floods skin with much-needed moisture and works to recover skin's vitality. Banish lines, skin fatigue and uneven skin tone with Africa's

legendary botanicals (Kigelia, Baobab and Mongongo) that are renowned for their youth-boosting and skin brightening properties. A must-have for days when you need a little help to put your best face forward. Ideal for ageing, tired, stressed and pigmented skin.

99.4% total ingredients from natural origin.
82% total ingredients certified organic.



DETOX CLEANSING FACE MASK 50ml

ORGANIC BAOBAB
ROOIBOS

Dull or neglected complexions in need of a 're-set' will benefit from this Detox Cleansing Mask, a sumptuous super food skin treatment. Rooibos, Baobab and Calendula work in synergy to

help decongest and rejuvenate sluggish skin, without compromising hydration. Skin will be left looking flawless with a happy glow and velveteen softness. For normal to oily skin.

99.4% total ingredients from natural origin.
62.4% total ingredients certified organic.

LIPS



LIP BALM COOLING/STIMULATING 4.5ml

MONGONGO
PEPPERMINT

Find your perfect pout with this pocket sized Lip Balm, which rushes to the rescue of dry, chapped lips. Using a rich combination of Shea Butter, Cocoa Butter and Mongongo Oil, it soothes, nourishes, rejuvenates and protects lips, keeping them looking and feeling lusciously lovely all day long.

100% total ingredients from natural origin.
64.3% total ingredients certified organic.



LIP BALM HYDRATING/HEALING 4.5ml

MONGONGO
PROPOLIS

Lips in crisis should call on this addictive nourishing Lip Balm, guaranteed to restore those luscious lips. Precious butters, oils and propolis combine to form a 'lip rescue remedy' which will plump, soothe, hydrate and repair. Lips will be left kissably soft and smooth all day long.

100% total ingredients from natural origin.
65.1% total ingredients certified organic.

An artist knows the secret to any masterpiece is a perfectly prepped canvas. The same is true for your lips



LIP GLOSS 4.5ml

JOJOBA
MONGONGO

No handbag would be complete without this shimmering Lip Gloss. Beautifully illuminating and bursting with hydrating Jojoba and Mongongo Oil that will leave your lips feeling luscious and lovely. Whether off to the beach or cocktail happy hour, you can be sure your lips will look their best.

100% total ingredients from natural origin.



LIP BUTTER 15ml

SHEA BUTTER
MONGONGO
ORANGE

Perform minor miracles on dry chapped lips with this cocktail of skin repair super-stars including Shea Butter, Mongongo Oil and Sweet Orange. This pocket-sized Lip Butter is the perfect accompaniment for lips on the go, leaving them hydrated, nourished and looking fabulous. Flash that smile with confidence all day long. Perfect for the African dry winter.

100% total ingredients from natural origin.
87.8% total ingredients certified organic.



LIP SCRUB 15ml

COCONUT BUTTER
MONGONGO

This super delicious Lip Scrub will perk up your pout, banishing rough, dry lips and immerse them in sumptuous organic Coconut Butter and Mongongo Oil. You'll be left licking your sweet lips for more. Removes dry skin and moisturises at the same time. It's fun and it works!

100% total ingredients from natural origin.

BODY



BODY WASH 200ml

ORGANIC ROOIBOS & HONEYBUSH

Bask in the richness of the African sunshine as you immerse yourself in this luxurious Body Wash. Enriched with replenishing Rooibos and hydrating Honeybush, both of which offer innumerable skin nourishment effects for the body and soul. As you are whisked away on a sensory journey, your skin will be left feeling alive, refreshed and ready to seize the day. It is also completely biodegradable, so you can give your skin the indulgence it deserves, while also preventing any harm to the environment.

100% total ingredients from natural origin.

- contains certified organic ingredients
- no parabens or controversial preservatives
- no animal testing
- no SLS/SLES or sulphated surfactants
- 100% biodegradable
- PH balanced



BODY OIL 100ml

ORGANIC MONGONGO
CALENDULA
ROSEHIP
JOJOBA

This Body Oil is the ultimate skin saviour for tired, thirsty skin. It is also pregnant ladies' first line of defence against stretch marks. A combination of Mongongo, Calendula, Rosehip and Jojoba oils work skin-conditioning magic, helping to keep skin happy, healthy, hydrated and most importantly, stretchy. Ideal also for repairing scar tissue.

99.4% total ingredients from natural origin.
53% total ingredients certified organic.



SUGAR BODY POLISH 200ml

ORGANIC SHEA BUTTER
COCONUT BUTTER
MONGONGO OIL

The secret to natural, glowing skin is this reinvigorating, mood uplifting and irresistibly hydrating Body Polish. A special blend of Shea Butter, Coconut Butter and Mongongo Oil will illuminate, refine and infuse skin with an antioxidant

rich blend that will leave skin rejuvenated and velvety smooth.

100% total ingredients from natural origin.



COFFEE BODY SCRUB 200ml

SHEA BUTTER
COCONUT OIL
ARABICA COFFEE

Awaken your skin from its slumber with this delicious Coffee Body Scrub. Bursting with skin loving Shea Butter, Coconut Oil and Arabica Coffee, this scrub is ideal for die-hard coffee lovers, or for those days when your skin needs

a 'kick-start'. Guaranteed to exfoliate, energise, revive & tone tired looking skin.

99.4% total ingredients from natural origin.
65.6% total ingredients certified organic.



BUGS OFF HYDRATING CREAM 100ml

LAVENDER
CITRONELLA
LEMONGRASS

No adventure is complete without this Bugs Off Hydrating Cream. Containing a natural blend of Lavender, Citronella and Lemongrass, these powerful ingredients

allow the skin to moisturise itself naturally, while ensuring pesky insects leave you in peace. Ideal for the entire family. (Essential oils present, use on babies from 6 months of age).

99.4% total ingredients from natural origin.
76.5% total ingredients certified organic.



NOURISHING BODY BUTTER 200ml

ORGANIC MONGONGO
BAOBAB
SHEA BUTTER

The ultimate top to toe indulgence. Envelop your skin with a delicious blend of deeply moisturising Shea Butter, Mongongo Oil and Baobab. Together, these all-natural anti-ageing powerhouses will hydrate, nourish & tighten your skin whilst

protecting against deterioration caused by the sun and free radicals. Perfect for revitalising parched skin and perfect in the dry months.

99.4% total ingredients from natural origin.
75.5% total ingredients certified organic.



BODY CREAM 200ml

MONGONGO
KIGELIA AFRICANA
ALOE

Love the skin you're in with this intensely hydrating Body Cream. Starring a cocktail of nature's finest ingredients (Mongongo Oil, Kigelia, Aloe) and an invigorating blend of essential oils, these miracle ingredients soothe, restore, hydrate and replenish your skin while simultaneously uplifting and calming

the senses. Ideal for daily use and for giving your skin the extra 'TLC' it requires after a long day in the sun.

99.4% total ingredients from natural origin.
66.8% total ingredients certified organic.

BODY



FACE & BODY SPRITZER 100ml

ORGANIC
BAOBAB
ALOE

Maintain your cool on even the hottest of days with this Face and Body Spritzer. Like a breath of fresh air, a few pumps of our rejuvenating mist will deliver instant refreshment to mind, body and spirit. Containing a combination of Baobab and Aloe, the result is subtle, light and hydrating. Get spritzing for an instant pick me up.

99.4% total ingredients from natural origin.
81% total ingredients certified organic.



CHAMOIS CREAM NATURAL PERFORMANCE SKINCARE 100ml

CALENDULA
BAOBAB

Cyclists, this is one for your saddlebag. Say goodbye to uncomfortable chaffing with this Chamois Cream that is proven to protect your derriere and enhance your performance. Calendula and Baobab will naturally prevent chaffing and sores, ensuring you get to spend longer in the saddle. A great go to for all chaffing related complaints.

48% total ingredients from natural origin.
99.4% total ingredients certified organic.



HAND CREAM 50ml

ORGANIC SHEA BUTTER
MONGONGO
CALENDULA

This indulgent Hand Cream is designed to give hands the love they deserve. This handbag must-have rushes to the rescue of stressed out fingers and palms

that are pining for moisture. Using a potent blend of skin conditioning Shea Butter, Mongongo Oil and Calendula which combine to form an uber-intensive, yet easily absorbed hand treatment.

99.4% total ingredients from natural origin.
75.5% total ingredients certified organic.



NAIL & CUTICLE BALM 15ml

COCOA BUTTER
CALENDULA
LEMON

Keep your finger-ends in tip-top condition with this pocket-sized Nail and Cuticle Balm. Specially formulated, this buttery cream taps Cocoa Butter, Calendula and an infusion of Lemon to deeply penetrate, protect and pamper nails while providing 'TLC' to your cuticles. With regular use you will feel pampered and polished from tips to toes.

100% total ingredients from natural origin.



FOOT CREAM 100ml

COCOA BUTTER
MONGONGO
PEPPERMINT

Show your oh-so neglected feet some love with this fabulous Foot Cream. Made with Mongongo and Cocoa Butter to lovingly help replenish moisture,

while Peppermint Extracts will refresh those weary soles. The result is soft, smooth, happy feet. Go on indulge yourself, your feet will certainly thank you!

99.4% total ingredients from natural origin.
65% total ingredients certified organic.



FOOT MASK 100ml

COCOA BUTTER
TEA TREE
LEMON

Find your sole salvation with this indulgent Foot Mask. Sumptuous Cocoa Butter, healing Tea Tree and refreshing Lemon will work miracles on cracked

heels while lovingly rejuvenating even the driest, most neglected of feet. Get your foot flirt on the natural way and ensure soft, smooth, spectacular looking feet all year round

100% total ingredients from natural origin.
50% total ingredients certified organic.



FOOT SCRUB 100ml

COCOA BUTTER
COCONUT OIL
PEPPERMINT

Let your feet know you care and uncover the softest soles imaginable with our fancy Foot Scrub. Simply put your feet up and smother them with an infusion

of mega-moisturising Mongongo, Cocoa Butter, Coconut Oil and revitalizing Peppermint. These miracle ingredients will scrub away rough skin giving tired dry soles the love and salvation they deserve.

100% total ingredients from natural origin.

HAIR



SHAMPOO 200ml

ORGANIC ROOIBOS & BAOBAB

Reawaken your locks and restore your hair's vitality with this special Shampoo. Using a cocktail of precious ingredients including Baobab, Rooibos and Coconut Oil to cleanse, brighten and protect your tresses. What are you waiting for? It is time to lather up, get lovely and ensure every day is a great hair day.

Great for everyday use. With continuous use, it also works to repair dry and damaged hair

100% total ingredients from natural origin

- contain certified organic ingredients
- no parabens or controversial preservatives
- no animal testing
- no SLS/SLES or sulphated surfactants
- 100% biodegradable
- PH balanced



CONDITIONER 200ml

ORGANIC MARULA AND JOJOBA

This rich Conditioner will liven up locks with a jolt of moisture. Your hair will take a shine to this blend of Marula, Jojoba, Wild Coconut, Mint and Orange. These nourishing ingredients offer a deep conditioning and naturally detangling formula that will smooth and nourish, leaving hair soft, sleek and oh-so beautiful.

100% total ingredients from natural origin

Ensure every day is a great hair day!



HAIR MASK 100ml

ORGANIC MONGONGO
SHEA BUTTER
COCONUT OIL

Feed dull, dry, damaged hair the right magic ingredients and watch it come back to life. This glorious Hair Mask offers an ultra-nourishing treat for dry,

damaged, stressed out tresses. Made with pure, naturally derived ingredients including Mongongo, Shea Butter and Coconut Oil which maintain strength, whilst granting a beautifully shiny, voluminous mane.

100% total ingredients from natural origin.
65.3% total ingredients certified organic.



HAIR SERUM 30ml

ORGANIC COCONUT AND MARULA OILS

This special Hair Serum champions a team of 'nature's superheroes' including Marula and Coconut Oil. Together these ingredients protect and defend your locks while promising to restore shine and vitality to frazzled looking tresses. Delivering intense hydration while nourishing the hair shaft, this serum will help unleash your happy hair. For dry, frizzy hair.

100% total ingredients from natural origin.

MAN



FACE WASH FOR MEN 200ml

KALAHARI MELON
ALOE VERA
HONEYBUSH

Ditch the soap for this superlative Face Wash for Men, containing extracts of Kalahari Melon, Aloe Vera and Honeybush. These ingredients know how to energise and awaken your senses, giving you an unforgettable cleaning experience, which will pep a man up for the day. For any skin type, even sensitive.

100% total ingredients from natural origin.



MOISTURISER FOR MEN 50ml

ORGANIC MONGONGO
KIGELIA
AVOCADO

This Moisturiser for Men is a must for the modern man's bathroom cabinet. An energising complex of Mongongo, Kigelia and Avocado awakens and uplifts all skin cells, restoring freshness and vitality. Non-greasy, quickly absorbed and infused with a light refreshing scent. Gentlemen, prepare for soft, silky skin all day long.

99.4% total ingredients from natural origin.
80.5% total ingredients certified organic.

BABY



EYE SERUM FOR MEN 13ml

ANTI-AGEING
KIGELIA AFRICANA
ALOE

This beautiful, light Eye Serum super-charges the delicate skin around our eyes, kick-starting sluggish cells, counteracting puffiness and tightening up the eye area. Starring Aloe Vera and Kigelia, these natural ingredients provide the skin with miracle results that will leave eyes looking bright, beautiful and more youthful. For any skin type.

99.4% total ingredients from natural origin.
80% total ingredients certified organic.



BABY HAIR & BODY WASH 200ml

BAOBAB
CALENDULA
CAPE CHAMOMILE

Shower your little one in serenity and make bath time naturally fun with this Baby Hair and Body Wash. Our gentle wash combines skin softening Baobab and Calendula with a whisper of Lavender and Cape Chamomile, ensuring baby's bath is just as relaxing as yours. Wash with love.

99.4% total ingredients from natural origin.
67.1% total ingredients certified organic.

Natural nourishment and protection
for the most delicate skin.



BABY BODY OIL 100ml

CALENDULA
CAPE CHAMOMILE

Nature's all-stars come together to form this pure-as-can-be Baby Body Oil providing natural nourishment to the most delicate skin. Calendula flowers and Cape Chamomile will gently balance, hydrate and restore baby's beautiful skin from nose to toe while your little love will keep cooing for more cuddles and kisses. Perfect as an after bath time skin treat.

100% total ingredients from natural origin.



BABY BUM CREAM 100ml

CALENDULA
CAPE CHAMOMILE

This Baby Bum Cream goes above and beyond diaper duty, promoting happy bottoms and soothing away nappy rash. This true baby-must-have combines the purest blend of all natural ingredients

including Calendula, Cape Chamomile, Rooibos and Lavender, providing nourishment and tender loving care to babies, whilst ensuring happy parents.

99.4% total ingredients from natural origin.
49.3% total ingredients certified organic.

TRAVEL / START-UP SETS



NORMAL TO DRY SKIN

CREAM CLEANSER	50ml
MAKE UP REMOVER	30ml
BALANCING TONER	30ml
LIGHT REJUVENATING MOISTURISER	10ml
RICH REJUVENATING MOISTURISER	10ml
COTTON TOILETRY BAG	



NORMAL TO OILY SKIN

CREAM CLEANSER	50ml
BALANCING FACE WASH	50ml
MAKE UP REMOVER	30ml
BALANCING TONER	30ml
BALANCING MOISTURISER	10ml
COTTON TOILETRY BAG	

We believe in beauty without compromise.
Your skin deserves the best that nature has to offer.



BODY & HAIR

SHAMPOO	50ml
CONDITIONER	50ml
BODY WASH	50ml
NOURISHING BODY BUTTER	20ml

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